



REGIONE
SICILIANA



The application of Choosing Wisely in the Sicilian context: activities, results and challenges of a regional project

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Introduction

In recent years health systems have increasingly involved health professionals in the active participation to the development and consolidation of strategies in order to improve quality and appropriateness of diagnostic and therapeutic interventions.

Methods

From 2014 Papardo Hospital of Messina has started the regional project "Doing More Does not Mean doing Better: Practices at High Risk of Inappropriateness in Sicily", developed inside the Italian campaign promoted by the Slow Medicine Society and inspired by Choosing Wisely Philosophy. Papardo Hospital, as the project leader in Sicily, has developed and coordinated a regional program to support the appropriateness of care and avoid economic waste involving several regional scientific societies.

Results

The regional scientific societies of cardiology, endocrinology, laboratory medicine, cardiac nursing, oncology, oral pathology and surgery, radiology, and rheumatology, have actively participated identifying for each specialty five inappropriate procedures, that may cause patient harm. Furthermore, the five proposals identified by the sicilian rheumatologists have been accepted and published by Slow Medicine as Italian recommendations. In parallel, a formative program has been aimed to make public the inappropriate procedures in order to improve daily clinical practice and stimulate an active dialogue with patients.

Conclusions

Our project is promoting "a measured, respectful and equitable care" in line with Italian Slow Medicine Society to support diagnostic and therapeutic appropriateness for a better quality and sustainability of the healthcare system. The future challenge is the involvement and education of patients in this process to be more active participants and partners in their own care.

