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Introduction

Despite the importance of the based evidence assistance, still many of the nursing care interventions are practised without any real benefit for patients, actually they could expose them to risks. With the aim of promoting the appropriateness of care, we investigated in our hospital departments about the consciousness of the project “Choosing Wisely Italy: doing more doesn’t mean doing better” promoted by Slow Medicine

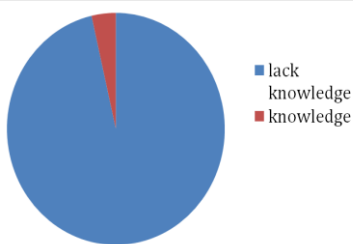
Methods

A questionnaire was administered to nursing staff by

- the knowledges and opinion about the project,
- inadequate routine practices
- the willingness to enhance the Slow Medicine philosophy.

Results

The questionnaire was filled out by 140 employees.

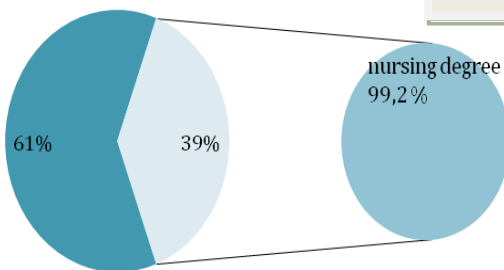


Conclusions

The target of the project "doing more doesn't mean doing better" is to improve the quality and the safety of the sanitary service through the reduction of practices that, according to the available scientific knowledges, don't bring meaningful benefits to the patients to which are generally prescribed. Therefore, paediatric nursing join this campaign and undertake for the achieving of a new health's model based on measured, respectful and equitable care.

years life service

■ <15 years ■ >15 years



About 92% of nurses assume that provide assistance with routinary practices it's a considerable issue.

Almost all of them (only two deny) would take part in training courses, considering possible an improvement and finding the topic interesting and / or stimulating.

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