



Ente Ospedaliero Cantonale

# Wise Medicine. Let's talk about smart choices!

Fare di più non significa fare meglio  
Mehr ist nicht immer besser  
Faire plus ne signifie pas faire mieux  
Doing more does not mean doing better



## ...at least do no harm

Simultaneous translation provided

Event organised in collaboration with:



Schweizerische Gesellschaft für Allgemeine Innere Medizin  
Società Svizzera di Medicina Interna Generale  
Società Svizzera di Medicina Interna Generale  
Swiss Society of General Internal Medicine



Università  
della  
Svizzera  
italiana



Program  
09.25.2015

Lugano, Aula Magna  
UNIVERSITÀ DELLA SVIZZERA ITALIANA



## Symposium Opening

30'	<b>09h30</b>	Participants' registration (breakfast)
5'	<b>10h00</b>	Welcome opening from the event planners (Giorgio Pellanda)
15'	<b>10h05</b>	The primary duty of a doctor? The best choice for his patient (Jürg Schlup)
30'	<b>10h20</b>	Introduction on the Choosing Wisely philosophy (Wendy Levinson)

1

## Applications of the Choosing Wisely Philosophy on an International Level

**Moderators:** Fabrizio Barazzoni, Mattia Lepori

15'	<b>10h50</b>	Slow medicine Italia and the project "Doing more does not mean doing better" (Sandra Vernero)
20'	<b>11h05</b>	Choosing together Wisely in Germany (David Klemperer)
15'	<b>11h25</b>	Choosing Wisely – Canada and International (Wendy Levinson)
15'	<b>11h40</b>	Appropriateness in Switzerland: are we doing our utmost? (Peter Suter)
15'	<b>11h55</b>	Discussion on session 1
75'	<b>12h10</b>	<b>Lunch break</b>

2

## Some European Experiences

**Moderators:** Fabrizio Barazzoni, Mattia Lepori

20'	<b>13h25</b>	The Dutch experience (Wilco C. Peul)
20'	<b>13h45</b>	The hospital of Cuneo (Italy) experience (Marco Bobbio)
20'	<b>14h05</b>	The UK Experience (Alastair Henderson)
15'	<b>14h25</b>	Prudent Healthcare: The Unique offering by Wales (Paul Myres)
15'	<b>14h40</b>	Discussion on Session 2
30'	<b>14h55</b>	<b>Coffee break</b>

# 3

## The Swiss Experiences and the Politicians' Perceptions

**Moderators:** Gianfranco Domenighetti

20'	<b>15h25</b>	The Swiss project: Smarter Medicine (Jean-Michel Gaspoz)
20'	<b>15h45</b>	Overuse in hospitals (Nicolas Rodondi)
30'	<b>16h05</b>	The EOC project for the hospital care (Angela Greco and Luca Gabutti)
15'	<b>16h35</b>	The perceptions of the politicians about Choosing Wisely (Ignazio Cassis)

# 4

## Answer to the Audience Questions

**Moderators:** Gianfranco Domenighetti

60'	<b>16h50</b>	Luca Gabutti, Jean-Michel Gaspoz, Nicolas Rodondi, Jürg Schlup and Peter Suter answer questions about the application of the Choosing Wisely principles Ignazio Cassis answers questions about strategic and political issues concerning the Swiss health care system Antoine Casabianca answers questions about the point of view of Swiss Italian patients and consumers Alain Flückiger answers questions about Health insurances representatives
10'	<b>17h50</b>	Final synthesis and considerations (Gianfranco Domenighetti)

## Symposium Ending

### Patronage

Accademia Svizzera delle Scienze Mediche (ASSM)  
Associazione consumatrici e consumatori Svizzera Italiana (ACSI)  
Associazione Latina per l'Analisi dei Sistemi di Salute (ALASS)  
Associazione nazionale sviluppo qualità negli ospedali e cliniche (ANG)  
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Dipartimento di economia aziendale, sanità e socialità - SUPSI  
Dipartimento Sanità e Socialità (DSS)  
Federazione dei Medici Svizzeri (FMH)  
H+ Gli Ospedali Svizzeri  
Ordine dei Farmacisti del Canton Ticino  
Società svizzera di chirurgia pediatrica  
Società svizzera di pediatria  
Società ticinese di medicina generale (STMG)

## Approved credits

AMITI: 6  
SGAR/SSAR: 6  
ATIMEF: 7

SGC/SSC: 5  
FPH: 52  
SSMI: 2

PHS:  
credits are being approved



## Speakers and moderators

**Fabrizio Barazzoni**, MD, MPH, FMH  
Prevention and Public Health, Chief Medical  
Officer, EOC

**Marco Bobbio**, MD, former Director  
Department of Cardiology, Azienda  
Ospedaliera S. Croce e Carle Cuneo and  
General Secretary of Slow Medicine Italia

**Antoine Casabianca**, MS, President of  
Associazione consumatrici e consumatori  
della Svizzera italiana

**Ignazio Cassis**, MD, MPH, Deputy President of  
the Committee on Health and Social Security  
of the Swiss federal parliament

**Gianfranco Domenighetti**, PhD, former  
professor at Universities of Lausanne and  
Lugano

**Alain Frückiger**, Head of Benefits, Member of  
the CSS Group Corporate Executive Committee

**Luca Gabutti**, MD, Professor and Chief  
Physician of Medicine and Nephrology,  
Ospedale Regionale di Locarno

**Jean-Michel Gaspoz**, MD, Professor and  
Physician-in-chief, Division of Primary  
Care Medicine; Chairman, Department of  
community medicine, primary care and  
emergency medicine, Geneva University  
Hospitals; President, Swiss Society of General  
Internal Medicine

**Angela Greco**, MS, Head of Quality and Patient  
Safety Service, Ospedale Regionale di Locarno

**Alastair Henderson**, Chief Executive, Academy  
of Medical Royal Colleges

**David Klemperer**, MD, Professor of Social  
Medicine and Public Health, University of  
Applied Sciences, Regensburg

**Mattia Lepori**, MD, PD, FMH General Internal  
Medicine, Medical Officer, EOC

**Wendy Levinson**, MD, Professor of Medicine,  
University of Toronto

**Paul Myres**, MD, Chair of the Royal College of  
General Practitioners Wales and Vice chair of  
the Academy of Medical Royal Colleges Wales

**Giorgio Pellanda**, PhD, Chief Executive Officer,  
EOC

**Wilco C. Peul**, MD, PhD, MBA, Professor &  
Chair of Neurosurgery, Leiden University

**Nicolas Rodondi**, MD, Professor and Head  
of Ambulatory Care, Department of General  
Internal Medicine, Inselspital, University  
Hospital of Bern

**Jürg Schlup**, MD, MBA, President of the  
Swiss Medical Association (FMH)

**Peter Suter**, MD, Honorary Professor of  
Intensive Care Medicine, Geneva University,  
President of the Swiss Medical Board

**Sandra Vernero**, MD, Founding Member  
and Vice-President of Slow Medicine Italia,  
Coordinator of the project "Doing more does  
not mean doing better"

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