WORKSHOP:
BIOLOGIC THERAPY IN RHINOSINUSITIS WITH NASAL POLYPOSIS

WHERE ARE WE AND WHERE ARE WE GOING







Università della Svizzera italiana

eoc

LUGANO, SWITZERLAND
OCTOBER 3RD 2025

Workshop Directors: M. Trimarchi, A. Valenti
Guest of Honor: V. J. Lund, A. Sinico
Faculty: A. Casutt, V. Espinosa, P. Gianella, B. Landis, N. Melik, S. Negoias, C. Pipolo, C. Schlegel, M. Soyka

EDUCATIONAL OBJECTIVE

Chronic rhinosinusitis with nasal polyposis (CRSwNP) is a chronic inflammatory disease of the nose and paranasal sinuses, predominantly mediated by type 2 inflammation and often associated with bronchial asthma and/or aspirin intolerance. It is a debilitating disease with substantial impact on the patient's quality of life and significant healthcare costs. Over the years, management strategies have mainly focused on symptom control and in cases of non-control, functional endoscopic sinus surgery (FESS) is considered. Despite maximal appropriate medical and surgical treatment, a significant percentage of patients do not achieve disease control. Today the treatment of the disease has changed thanks to the advent of new biological drugs. In the context of chronic diseases, including asthma and nasal polyposis, there is an increasing emphasis on achieving superior therapeutic outcomes. Remission, understood as the disappearance of symptoms and the restoration of normal clinical findings, becomes a key objective in clinical management. There are several monoclonal antibodies with the indication for nasal polyposis and choosing the right drug for the right patient is very important. The objective of this workshop is to provide scientific knowledge and all the useful elements for the correct management of the disease, promoting a vision oriented towards increasingly ambitious objectives such as long-term control of the disease and sustained remission over time.

Friday – 3rd October 2025

08:30 - 08:45 Introduction **M. Trimarchi, A. Valenti**

08:45 - 09:30 KEYNOTE LECTURE
Chronic rhinosinusitis with nasal polyposis: state of art and future directions. **V. J. Lund**

09:30 - 10:30 PATHOGENETIC MECHANISMS: A LOOK AT THE FUTURE
Biologics that act on the anti IL-5 pathways in asthma and nasal polyposis: differences in action and new future perspectives? **A. Valenti**

Importance of cell subpopulations in type 2 inflammation in asthma and polyposis ? **V. Espinosa**

Environmental factors and type 2 respiratory diseases. **A. Casutt**

10:30 - 11:00 Coffee Break

11:00 - 12:00 *SYMPOSIUM BY SANOFI*

12:00 - 13:00 Factors Predictive of Poor Long-Term Control in CRSwNP with Endoscopic Nose Sinus Surgery **M. Trimarchi**

Possible problems related to excessive nasal surgery: is it possible to remedy it? **M. Soyka**

Epidemiology of olfactory dysfunction in polyposis and severity assessment. **B. Landis**

13:00 - 14:00 Lunch

14:00 - 15:00 *SYMPOSIUM BY GSK*

15:00 - 16:00 ROUND TABLE WITH INTERACTIVE SESSION
Moderator: **C. Pipolo**

From real life data to selection criteria in clinical practice.
When surgery? When biologic? Which biologic?
B. Landis, S. Negoias, C. Schlegel, M. Soyka, A. Casutt, P. Gianella

16:30 - 17:00 Afternoon tea

17:00 - 18:00 CLINICAL CHALLENGES:
Moderator: **N. Melik**
THE COMORBIDITIES OF CRS AND THE PROBLEM OF THERAPEUTIC SHIFT EGPA **A. Sinico**

How the treatment of patients with EGPA with asthma, and nasal polyposis is evolving **C. Bussolino**

When comorbidity does not respond: how to manage shifts from one biological drug to another? **P. Gianella**

18:00 Closing Remarks **M. Trimarchi, A.Valenti**

REGISTRATION

The course is limited to 150 participants.
To register, please scan the QR code on the right,
visit www.entlugano.ch or phone the organizing secretariat.

REGISTRATION FEE

Workshop Fee: 100 CHF,-
Full registration includes program material, lunch, and afternoon tea breaks.

Cancellation Policy: Cancellations made in writing and received by the organization secretariat before 1st August 2025 will be eligible for a 50% refund.

BANK ACCOUNT DETAILS

Bank: UBS (Svizzera) SA, Lugano
Account Name: Fondazione Scuola Europea di Studi Avanzati in Oftalmologia (ESASO),
c/o Barchi Nicoli Trisconi Gianini SA, Via S. Balestra 17, 6901 Lugano
Account N.: 0247 00160679.02M
IBAN: CH65 0024 7247 1606 7902 M
BIC / SWIFT: UBSWCHZH80A

COURSE VENUE

EOC - Ospedale Regionale di Lugano, Civico
Via Tesserete 46
6900 Lugano

ORGANIZATION SECRETARIAT

ESASO Training Centre (ETC)
E: info@esaso.org
Ph: +41 (0)91 921 11 54

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